#### SOCIAL WORK 385/585 MENTAL HEALTH & CO-OCCURRING DISORDERS: RESILIENCE & RECOVERY

FALL 2023 - HYBRID

Main Campus- SCI D230 - Mondays 1-2:50pm and online

### **INSTRUCTOR**

Instructor: Tara Anderson DSW, LCSW, CSAC

Office: Main Campus, Science Building, B345

Department of Sociology & Social Work phone: 715-346-2883

- This is a shared mailbox and messages will be forwarded to me on weekdays during business hours. Please indicate the message is for me, course name, and return call information.
- > To reach me the quickest please send an email or message through Canvas.

Email: tanderso@uwsp.edu

Office Hours: See Canvas

Instructor's Corner: General course questions can be posted in the Instructor's Corner on the Canvas course site.

#### **COURSE PRE-REQUISITES**

Either PSYCH 110 or SW 261 or SOC 261, or Instructor Consent

#### **ONLINE LEARNING PLATFORM**

Canvas login, support information, and training opportunities are available at <u>www.uwsp.edu/canvas</u>.

#### CLASS FORMAT

This course will be delivered in-person and in an online format through the course management system Canvas. You will use your UWSP account to login to the course from the Canvas Login Page.

## **COURSE TECHNOLOGY REQUIREMENTS**

- a stable internet connection
- working webcam for any virtual class days

   please reach out to the instructor prior to class to problem-solve any tech/camera concerns
- computer microphone and speaker
- contact IT if you need to discuss loaning equipment <u>https://www.uwsp.edu/infotech/Pages/EquipmentLoan/default.aspx</u>

#### RENTAL TEXT

Mignon, S.I. (2020). Social Work and Mental Health: Evidence-Based Policy and Practice. Springer Publishing Company.

## **OTHER REQUIRED BOOKS (FREE DOWNLOAD)**

NAMI Wisconsin. (2022). *Family and Community Resource Guide* (X.1 ed.). National Alliance on Mental Illness Wisconsin. <u>https://namiwisconsin.org/resource-guide/</u>

SAMHSA. (2020). *TIP 42: Substance Use Disorder Treatment for People with Co-Occurring Disorders*. Substance Abuse and Mental Health Services Administration. <u>https://store.samhsa.gov/sites/default/files/SAMHSA\_Digital\_Download/PEP20-02-01-004\_Final\_508.pdf</u>

SAMHSA. (2014). *SAMHSA's Concept of Trauma and Guidance for a Trauma-Informed Approach*. HHS Publication No. (SMA) 14-4884. Rockville, MD: Substance Abuse and Mental Health Services Administration. <u>https://store.samhsa.gov/sites/default/files/d7/priv/sma14-4884.pdf</u>

#### **REQUIRED RESERVE READINGS**

Wells-Wilbon, R., Porter, R., Geyton, T., & Estreet, A. (2021). Mental Health Disparities. *Encyclopedia of Social Work*. <u>https://oxfordre.com/socialwork/view/10.1093/acrefore/9780199975839.001.0001/acrefore-9780199975839-e-1253</u>

All additional readings can be found in Canvas.

## **CATALOG DESCRIPTION**

Mental health across the lifespan including recognition of major mental health disorders and co-occurring substance use disorders for diverse populations. Introduction to the DSM-5. Key concepts include prevention, resiliency, personal and professional self-care, trauma-informed care and mental health recovery.

#### **COURSE DESCRIPTION**

The focus of this course is to provide students with further knowledge on mental health and co-occurring substance use disorders across the lifespan. Social workers and other professionals in a variety of roles and settings at the micro and macro levels require a generalist level of understanding of behavioral health. Using a research-informed approach, students will examine the intersection of gender, culture, race, ethnicity, gender identity & expression, sexual orientation, age, class, and/or ability for individuals & groups within the mental and behavioral health system. Students will apply their introductory understanding of the DSM 5 in screening, assessing, diagnosing, and differentiating mental health, substance use, and co-occurring mental health and medical conditions. Students will identify evidence-based treatment models, settings, and systems, including introductory knowledge of psychopharmacology, psychotropic medication, and medication assisted treatment in interventions for substance use, mental health, & co-occurring disorders from the lens and scope of the role of social workers or other professionals in interdisciplinary teams and settings. Students will be introduced to skills to respond to a crisis or experience of trauma and apply their understanding of resiliency and risk and protective factors, such as adverse and positive and childhood experiences, on multiple system levels.

Students will analyze & evaluate the role of the legal and criminal justice system, including specialty courts such as drug and mental health courts and Chapter 51 civil commitments, in providing treatment. Students will be able to identify local prevention, treatment, or recovery resources/agencies/coalitions. Students will also study mental health from an upstream perspective- gaining knowledge of primary, secondary, and tertiary prevention. Principles of trauma informed care are introduced. Additionally, students will engage in self-care methods to develop resiliency to support themselves and others as part of their professional responsibility.

Students enrolled in the course as part of the Graduate Certificate in Trauma and Resilience will further focus in on mental health and substance use disorders as it applies in education or organizational settings as well as demonstrate advanced competency in meeting the course objectives.

## CORE COMPETENCIES AND EXPECTED LEARNING OUTCOMES

Graduates of accredited social work programs should demonstrate competency in the nine areas listed below, as defined by the Council on Social Work Education (CSWE). As articulated by CSWE, "Social work competence is the ability to integrate and apply social work knowledge, values, and skills to practice situations in a purposeful, intentional, and professional manner to promote human and community well-being" (2015 EPAS). This course addresses many of these areas of competency as indicated under "course objectives" below.

2

Competency 1: Demonstrate Ethical and Professional Behavior

Competency 2: Advance Human Rights and Social, Racial, Economic, and Environmental Justice

Competency 3: Engage Anti-Racism, Diversity, Equity, and Inclusion (ADEI) in Practice

Competency 4: Engage in Practice-Informed Research and Research-Informed Practice

Competency 5: Engage in Policy Practice

Competency 6: Engage with Individuals, Families, Groups, Organizations, and Communities

Competency 7: Assess Individuals, Families, Groups, Organizations, and Communities

Competency 8: Intervene with Individuals, Families, Groups, Organizations, and Communities

Competency 9: Evaluate Practice with Individuals, Families, Groups, Organizations, and Communities

## **COURSE OBJECTIVES**

At the completion of the course, all students will:

- 1. Apply understanding of resiliency and risk and protective factors, such as adverse and positive childhood experiences, on multiple system levels. (Comp 5-7)
- 2. Using a research-informed approach, examine the intersection of gender, culture, race, ethnicity, gender identity & expression, sexual orientation, age, class, and/or ability for individuals & groups within the behavioral health systems of mental health and/or substance use treatment and recovery. (Comp 3, 4, 8)
- 3. Apply understanding of the role of the DSM 5 in screening, assessing, diagnosing, and differentiating mental health, substance use, and co-occurring mental health and medical conditions across the lifespan. (Comp 7)
- 4. Identify evidence-based treatment and recovery models, settings, and systems, including introductory knowledge of psychopharmacology, psychotropic medication, and medication assisted treatment in interventions for substance use, mental health, & co-occurring disorders from the lens and scope of the role of social workers or other professionals in interdisciplinary teams and settings. (Comp 1,4, 6-8)
- 5. Differentiate between primary, secondary, and tertiary mental health prevention interventions. (Comp 8)
- 6. Apply principles of trauma-informed care. (Comp 1,3, 6-8)
- 7. Understand how to Engage, Assess, and Intervene in response to a crisis or trauma. (Comp 1, 4-8)
- 8. Understand the role of the legal and criminal justice system, including specialty courts such as drug and mental health courts as well as Chapter 51 civil commitments, in providing treatment. (Comp 1,2,5, 9)
- 9. Engage in self-care to develop resiliency and prevent compassion fatigue. (Comp 1)

## UNIVERSITY POLICIES AND PROCEDURES



## First Nation Land Acknowledgement

We would like to recognize that the University of Wisconsin-Stevens Point occupies the lands of the Ho Chunk and Menomonee people. Please take a moment to acknowledge and honor this ancestral Ho Chunk and Menomonee land, and the sacred lands of all indigenous peoples.

## **Rights and Responsibilities**

For information on policies and resources associated with being a student at UWSP, please see the Student Handbook at: <u>https://www.uwsp.edu/dos/Pages/handbook.aspx</u>

## **Emergency Procedures**

See UW-Stevens Point Emergency Management Plan at <u>https://www.uwsp.edu/emergency/Pages/emergency-procedures.aspx</u> for details.

## Severe Weather

In the case of inclement weather, please check your email & Canvas announcements to determine if class will be held in-person or virtually. If the class is cancelled, you may receive instructions to complete a short alternate assignment to earn attendance points. Please view UWSP's information about severe weather here: <a href="https://www.uwsp.edu/emergency/Pages/severe-weather.aspx">https://www.uwsp.edu/emergency/Pages/severe-weather.aspx</a>

### Policy Related to Sexual Violence on Campus

UWSP is committed to fostering a safe, productive learning environment. Title IX and school policy prohibit discrimination on the basis of sex, which includes harassment, domestic and dating violence, sexual assault, and stalking. Please see the information on the Dean of Students webpage for information on making confidential reports of misconduct or interpersonal violence, as well as campus and community resources available to students. <u>https://www.uwsp.edu/DOS/sexualassault/Pages/default.aspx</u>

## Special Needs

Students who have special needs that affect their participation in the course may notify the instructor if they wish to have special accommodations considered in either instruction or examination. Students are encouraged to contact the instructor as early in the semester as possible to discuss special needs. If you have a disability or acquire a condition during the semester where you need assistance, please contact the Disability and Assistive Technology Center on the 6th floor of Albertson Hall (library) as soon as possible. DATC contact information: 715-346-3365 or DATC@uwsp.edu. More information about disability services is available at this website: http://www.uwsp.edu/disability/Pages/students/studentInformation.aspx

#### **Academic Integrity**

At UW-Stevens Point and, in all courses, we place great emphasis on academic integrity and honesty. Plagiarism, fabrication, cheating, helping others commit these acts, and any form of dishonesty compromise the educational process and devalue the achievements of all students. All work you submit must be original and completed individually unless collaboration is explicitly allowed. Always acknowledge your sources, cite appropriately, and give credit where it's due. If instances of alleged academic dishonesty are identified, appropriate actions will be taken in accordance with the institution's policies (<u>UWSP Chapter 14</u>). These actions could include revising the assignment, receiving a lower grade or no credit for the assignment, receiving a lower grade for the entire course, or facing more serious academic consequences.

Since writing, analytical, and critical thinking skills are part of the learning outcomes of this course, all writing assignments should be prepared by the student. Developing strong competencies in this area will prepare you for the workplace. Therefore, AI generated submissions are not permitted and will be treated as plagiarism.

## **University Supports**

The Dean of Students Office provides resources and referrals for students experiencing any personal issues or challenges: <u>https://www.uwsp.edu/dos/Pages/stu-personal.aspx</u>. Home page for Dean of Students <u>https://www.uwsp.edu/dos/Pages/default.aspx</u>

#### **Branch Campus Contacts**

Wausau: <u>https://www.uwsp.edu/wausau/about/Pages/offices.aspx</u> Marshfield: <u>https://www.uwsp.edu/marshfield/about/Pages/offices.aspx</u>

#### **Library Supports**

- Online Chat: <u>www.uwsp.edu/library/chat</u> Email: <u>librefd@uwsp.edu</u> Text: 715-602-3542
- Personal Research Consultation via Zoom <u>https://www.uwsp.edu/library/Pages/researchConsultation.aspx</u>

4

## TECHNOLOGY IN THE CLASSROOM

Students are encouraged to use technology to enhance learning.

Page

UWSP Technology Support

- Visit with a Student Technology Tutor
- Seek assistance from the IT Service Desk (Formerly HELP Desk)
- ▶ IT Service Desk Phone: 715-346-4357 (HELP) or IT Service Desk Email: techhelp@uwsp.edu

## **Protecting your Data and Privacy**

UW-System approved tools meet security, privacy, and data protection standards. For a list of approved tools, visit this website. <u>https://www.wisconsin.edu/dle/external-application-integration-requests/</u>

Tools not listed on the website linked above may not meet security, privacy, and data protection standards. If you have questions about tools, contact the <u>UWSP IT Service Desk at 715-346-4357</u>. Here are steps you can take to protect your data and privacy.

- · Use different usernames and passwords for each service you use
- · Do not use your UWSP username and password for any other services
- · Use secure versions of websites whenever possible (HTTPS instead of HTTP)
- · Have updated antivirus software installed on your devices

#### PROFESSIONAL BEHAVIOR AND CLASSROOM EXPECTATIONS

#### **Attendance and Class Participation**

Students are expected to attend class regularly [for online this is regularly engaging in materials and discussions on Canvas], read assigned texts, and watch assigned multimedia. *If students are unable to attend class- notify instructor prior to class. This notification is part of developing our skills in professionalism.* Participation is actively completing assignments, engaging with your peers in group work, being responsible with partner work, and cooperating in creating a supportive, respectful environment. **Regular attendance is part of demonstrating readiness for students who would be applying for internships.** 

#### **Confidentiality**

The classroom is a safe place for learning, inquiring, and expression; as such, there will be a professional standard of confidentiality maintained in the classroom.

#### **Netiquette for Online Learning**

Netiquette is a set of rules for behavior online. Your instructor and fellow students wish to foster a safe online learning environment. All opinions and experiences, no matter how different or controversial they may be perceived, must be respected in the tolerant spirit of academic discourse. You are encouraged to comment, question, or critique an idea but you are not to attack an individual. Working as a community of learners, we can build a polite and respectful course community.

#### **Classroom and Canvas Civility and Respect for Diversity**

We will learn to apply self-awareness and self-regulation to mange influences of personal biases and values and show a willingness to learn about diversity. We will communicate using professional, strength based, and person-first, non-stigmatizing language.

#### Written Assignments

All assignments will be submitted through Canvas on or before the due date unless otherwise specified. All written assignments must adhere to APA guidelines. Please refer to the APA publication manual for additional guidance or utilize the free APA Style Blog: <u>https://apastyle.apa.org/blog/</u>

#### Late Work

Students are expected to integrate their personal and educational lives to complete course work on time and are responsible for reaching out to negotiate alternate due dates, when needed, at least 24 *hours* before the due date; however, an extension is not guaranteed.

5

Page

- Papers (<u>not</u> exams/quizzes) due Sunday at midnight have a <u>grace period</u> until Monday 8 a.m. After 8 a.m. Monday it is considered late if you did not reach out 24 hours in advance for an approved extension. *Reaching out to request an extension is expected and builds professional communication skills needed in the workplace.*
- Late assignments may result in a half letter grade deduction (example A to A-) per day.
- No late assignments will be accepted two weeks past their due date and multiple assignment extensions will not be granted. No late quizzes will be accepted as answers are posted.

### **Communication**

Communication will occur in-person and through Canvas, email, and Zoom. If you need to contact me about a private matter, send a message through Canvas inbox or email. I typically respond to messages within 24-48 hours during weekdays business hours. If your question is related to a general course matter, consider asking in Tara's Corner discussion board. I welcome the opportunity to discuss assignments and student feedback.

#### Social Work Program Academic and Professional Expectations

The Social Work Program at UWSP takes seriously the responsibility to prepare and graduate generalist social work practitioners who demonstrate a strong commitment to the six core values of the social work profession. Students will be held accountable to demonstrate positive academic and professional behaviors in all aspects of our program. Failure to meet expectations may result in further action, such as developing a plan for improvement or delaying participation in social work field.

SOCIAL WORK CORE VALUE	Students Demonstrate Values when they:		
DIGNITY AND WORTH OF THE	• Use basic courtesy in interactions with others		
PERSON	• Refrain from behaviors that interfere with the learning process		
	• Speak and behave in ways that show respect for persons with		
	individual differences or members of diverse communities		
IMPORTANCE OF HUMAN	• Develop and maintain positive working relationships with others		
RELATIONSHIPS	Demonstrate respect for others		
	Engage in effective communication		
	Accept responsibility for own behavior		
	• Use appropriate problem-solving and conflict resolution skills		
INTEGRITY	Complete their own work		
	Maintain academic and professional honesty in all interactions		
COMPETENCE	• Attend classes and meetings on time		
	• Remain attentive in class and meetings		
	Participate in academic and professional learning activities		
	Read all assigned materials		
	Produce quality work		
	• Submit work on time		
	• Prepare for meetings, presentations, and exams		
	Respectfully give and receive feedback		
SERVICE	• Engage in learning opportunities to strengthen professional		
	development		
	• Actively participate in service opportunities on campus and in the		
	community		
SOCIAL JUSTICE	Recognize that discrimination and oppression exist		
	Acknowledge their own bias and privilege		
	• Advocate for social, economic, and environmental change		
	• Listen to and honor the voices of others		

## STUDENT EXPECTATIONS

In this course you will be expected to complete the following types of tasks.

- > Complete hybrid online learning component outside of class.
- > Complete assigned reading and media (textbook chapters, additional readings/videos in Canvas) before class.
- Submit written assignments in Canvas on time.
- ➤ Participate in class discussions.
- > Attend class on time, demonstrating professionalism.
- > Demonstrate ethical and professional behavior aligned with social work values.

\*\*Syllabus is subject to change with ample notice being provided to students. \*\*

COU	IRSE I	REQUIREMENTS				SW 385
1. Self-care Assignments [plan & evaluation]						10 points
2. Online Learning external modules (certificates of completion & reflection)					reflection)	30 points
3. Mental Health Diagnosis Paper (& video notes submission)						75 points
4	. Cult	urally Aware Mental Health	Paper			75 points
5	. Co-0	Occurring Disorders Group F	Presentation			25 points
6	. In-c	lass activities				39 points
7	. Case	e Study Final Exam				100 points
		-				354 points
GRA	DING	SCALE				-
P	ercent	L				
А	=	94-100	С	=	74-77	
A-	=	91-93	C-	=	71-73	
$\mathbf{B}+$	=	88-90	D+	=	68-70	
В	=	84-87	D	=	60-67	
B-	=	81-83	F	=	59 and below	W
C+	=	78-80				

## **ASSIGNMENTS**

#### In Class Activities: (~39 points), Competency 1-9

We will have weekly in-class activities as we engage with course content and our peers to build competency in our understanding of course concepts. Preparation for activities is needed by completing readings.

#### Self-Care Plan & Evaluation: (10 points total), Competency 1, 9

This includes a self-care assessment and creating, implementing & evaluating your semester self-care plan.

#### Mental Health Diagnosis Paper: (75 points), Comp 1,4,6-8

Choose an area of interest related to a mental health diagnosis. You will read peer-reviewed journal articles, review diagnostic criteria in the DSM 5 or DSM 5 TR, and utilize SAMHSA TIP 42 to write a paper, informed by research on your topic that includes engagement, assessment, and intervention. This also includes watching an assigned video on mental health disorders & turning in your notes on your chosen diagnosis in advance.

#### **Main Components of Paper**

- Diagnostic features and Prevalence
- Risk factors for the diagnosis
- Functional consequences
- Differential diagnosis
- Discuss considerations for engaging with a client with a co-occurring substance use disorder
- Evidence-based treatments/interventions

• Considerations for evaluation of practice effectiveness

Graduate students (SW 585) will further develop their paper with expanding on required components.

## Culturally Aware Mental Health Practice - Paper: (SW 385-75pts) Competency 1,3,4,6-7

Choose a population to focus your mental health research. Describe risk and protective factors, mental health disparities in treatment outcomes for the identified group, apply recovery principles, and application of how you would engage in culturally aware practices as well as identifying culturally responsive evidence informed interventions for your identified population. See Canvas for full description.

Graduate students (SW 585) will further develop their paper with expanding on required topics and including recommendations (modification of an existing program, or development of a new program, etc.) for enhancing services/programming in an organization/school/etc. specifically serving this population.

## SW 585: Independent Project: (25 points)

Graduate students will complete an additional assignment focusing their learning on a specific course objective that best applies to their graduate program and/or the graduate certificate in Trauma & Resiliency. Students will meet with the instructor to discuss interests and potential learning activities related to a course objective. Students will then turn in a proposal for approval and submit their final project prior to the end of the semester.

## Co-Occurring Disorders Group Presentations: (25 points) Competency 1, 4, 6-9

Students will present in small groups on co-occurring disorders using SAMHSA TIP 42. Each group will describe their diagnostic category, describe considerations for a co-occurring substance use disorder, and treatment interventions. Presentations will incorporate considerations for professionally engaging, assessing, intervening, and evaluating practice with individuals with a co-occurring mental health and SUD.

#### Final: 100 points

#### Case Study Exam: 100 points, Competency 1-9

Students will be given a case study and questions to respond to on concepts throughout the course.

## **ONLINE LEARNING ASSIGNMENTS**

## Psychological First Aid Certificate of Completion & Reflection: (15 points), Competency 1, 6-8

Psychological First Aid (PFA) is an evidence-informed approach built on the concept of human resilience. PFA aims to reduce stress symptoms and assist in a healthy recovery following a traumatic event, natural disaster, public health emergency, or personal crisis. 5-hour training. Submit reflection and certificate.

## 7-part New Employees in Mental Health Services Certificate & Reflection: (15 pts), Comp 1,3,4,6-9

This training, supported by SAMHSA, was designed to prepare the workforce to set a foundation to work with clients with serious mental illnesses. This 7-part series provides evidence-based content on *Trauma Informed Care, Cultural Competency, Motivational Interviewing, Crisis Prevention & De-Escalation, Self-Care, Shared Decision Making, and Recovery Oriented Care.* Each training provides a foundation for effective practice and establishes a starting point for further learning. Modules are 30 minutes each (3.5 hours total). Submit your certificates of completion and one reflection paper encompassing all modules.

# **Course Calendar**

\*Tentative schedule- students will be notified in advance of any changes\*

Module	Weekly TopicsReadingsOnline Lea(read before class)		Online Learning	Assessment Due Dates & Notes
Week 1 Comp	Review syllabus, review Canvas course, Self-care	Review self-care materials and self-	-Self-Care e-module (includes burnout,	enroll in online modules
1,6	Note: online week (no class Monday 9/4 - UWSP)	assessment	secondary trauma, & compassion fatigue)	
Week 2 9/11 Comp 1,2,4-6 Week 3 9/18	What is Mental Health? What is Recovery? Stigma & Language, Introduction to Recovery Oriented Practice History of the U.S. mental health system	Read: Mignon Ch 1 Read: SAMHSA recovery, interdisciplinary teams, language documents Read Mignon Ch 2 Watch: History of	Recovery Oriented Care e-module Start Psychological First Aid module Shared Decision- Making e-module,	Self-care plan due Sunday 9/17
Comp 1,2,4,5 Week 4	Mental Illness across the	mental health treatment (video in Canvas) Read: Mignon Ch 4	Psychological First Aid module Psychological First	
9/25 Comp 1,3,6-9	lifespan		Aid module Engage in self-care	
Week 5 10/2 Comp 1-9	Gender/Race/ Ethnicity and Disparities in the Mental Health system	Read: Mignon Ch 7 Read: Wells-Wilbon, R., Porter, R., Geyton, T., & Estreet, A. Mental Health Disparities. <i>Encyclopedia of Social</i> <i>Work.</i>	Cultural Competency e-module Psychological First Aid module	Culturally Aware MH practice paper due 10/8
Week 6 10/9 Comp 1,4-9	Risk & Protective Factors; Stress Vulnerability Model; Resiliency; PACES; Trauma- Informed Care and screening for trauma	Read: SAMHSA's Concept of Trauma and Guidance for a Trauma-Informed Approach https://store.samhsa.go v/sites/default/files/d7/ priv/sma14-4884.pdf	Trauma Informed Care e-module Psychological First Aid module, synthesize & reflect on learning for paper	Psychological First Aid due 10/15
Week 7 10/16 Comp 1,4,7	Role of the DSM 5, screening, assessing, diagnosing mental health, substance use, substance induced mental disorders and co-occurring conditions In-class: DSM scavenger hunt activity	Read: Mignon Ch 5 -Watch Karen Magruder, LCSW DSM 5 Overview https://youtu.be/EpFWr 5bKhMQ and DSM-5-TR: New Updates to the DSM-5 Explained https://youtu.be/CRdnP Dow4pQ	Review evidence- based journal articles for your paper Engage in self-care	MH diagnosis paper video notes due Mon 10/16 before class
Week 8 10/23 Comp 1,4,7	Week 7 continued	See Canvas for posted links to screening instruments: *mental status exam	Review DSM 5 and DSM 5 TR diagnostic criteria for your paper	Note: sign up for group presentations

		*mini-mental state		
		exam		
		*geriatric depression		
		screening		
		*PHQ-9		
		-		
		*GAD-7		
		*AUDIT		
Week 9	EBT and recovery models,	Read: Mignon Ch 6	Motivational	MH diagnosis
10/30	settings, and systems,		Interviewing module	paper due
Comp	integrated treatment,	Read: TIP 42: Chapter		Sunday 11/5
1,4-8	assessing level of care &	7 (see selected pages on	Independent research	
	placement continuum,	Canvas)	on mental health	
	medication assisted tx,		diagnosis paper	
	introduction to	Read: NAMI Family &		
	psychopharmacology &	Community Resource		
	psychotropic medicine, MAT	Guide p. 20-41, 44-47		
Week 10	Substance Use Disorders,	Read: Mignon Ch 8	See Canvas	
11/6	Legal Issues, Criminal Justice	Keau. Witgholi Cli o	see Cunvus	
			Encade in a different	
Comp	System, Specialty Courts		Engage in self-care	
1,2,4-9				
Week 11	Crisis Prevention and De-	-Read Mignon Ch 10	Complete: Crisis	
11/13	escalation, suicide risk	-Watch Ch 51 webinar	Prevention & De-	
1,4-8	assessment, civil	-Read NAMI guide Ch	Escalation module	
	commitments	8: Intro to Civil		
		Commitments		
Week 12	Guest Presenter- QPR-		Synthesize and	7-Part MH Series
11/20	Question, Persuade, Refer		reflection on 7-part	all certificates
Comp	suicide intervention training		MH series – write	due 11/22 (Wed)
1,4-8			paper	
-6-	Thanksgiving Break	- (}-	-A-	
	6pm 11/22-11/26			
Week 13	Primary, Secondary, and	Read: Mignon Ch 12	Research and group-	
11/27	Tertiary Prevention		work for presentation	
Comp	1010aug 110 010101		nongor presentation	
1,4-9				
Week 14	Group Presentations on co-	Selected chapters from	Research and group-	Presentation due
	-	-	0 1	
12/4	occurring disorders	SAMHSA TIP 42	work for presentation	12/4
Comp				
1,4,6-9				G 10
Week 15	Presentations continued,	Selected chapters from	Evaluate your	Self-care
12/11	catch-up, wrap-up, review for	SAMHSA TIP 42	semester self-care	evaluation due
Comp	final			Sunday 12/17
1-9			Review for final	
Finals				
Week of				Case Study Final
12/18				due
Comp				
1-9				
1-9				